CANBERRA YOUTH THEATRE

MAMMALIAN DIVING REFLEX



Nightwalks with Teenagers

by Mammalian Diving Reflex

YOUR CITY. YOUR NIGHT.

What if you could show adults Canberra the way you see it?

Where would you take them? What would you show them? And what would happen if you were in charge for a night?

WHAT IS *NIGHTWALKS*?

Nightwalks with Teenagers is a nighttime adventure through Canberra, created and led by a group of around 20 teenagers.

Together, you'll design a walking tour of the city, choosing where to go, what happens along the way, and what you want to share with an audience. There might be games, performances, stories, challenges, unexpected surprises, or just moments hanging out together. The audience, made up mostly of adults, follows your lead and gets involved in the activities you create. They can be funny, surprising, strange, personal or just a lot of fun.

Nothing has been decided yet. You'll come up with ideas as a group, experiment with what works, and decide what makes it into the final walk.

It's your chance to show adults the city through your eyes, and be the ones making the decisions for a change.

WHAT WILL I ACTUALLY DO?

Over two weeks, you'll work with other teenagers and professional artists to create your own *Nightwalks* experience. There are three main stages:

1. MEET + EXPLORE

We'll get to know each other through games, activities and conversations. We'll explore the city together, and talk about the places, experiences and stories that matter to you.

2. MAKE + REHEARSE

We'll turn those ideas into an actual event. As a group, you'll choose the walking route, plan activities, and decide who does what. Everyone will contribute in different ways, and we'll make the decisions together.

3. LEAD THE WALK

On **12, 13 and 14 November**, it's time to bring your ideas to life!

Over three evenings, you'll welcome an audience and lead them through Canberra on the walk you've created. Each walk lasts around 1½–2 hours. You'll work together as a team, with artists from Mammalian Diving Reflex and Canberra Youth Theatre staff supporting the event and looking after everyone's safety.

You'll be the ones leading the experience. The adults will be following you.

WHEN DO I NEED TO BE THERE?

The project runs from **5–14 November 2026**, with four creative workshops, one dress rehearsal and three evening performances.

You'll need to attend all eight sessions, so please check the dates carefully before signing up.

Date	Activity	Times	Duration
Thur 5 Nov	Workshop #1	4:00pm - 8:00pm	4 hours
Sat 7 Nov	Workshop #2	12:30pm - 4:30pm	4 hours
Sun 8 Nov	Workshop #3	12:30pm - 5:30pm	5 hours
Tue 10 Nov	Workshop #4	4:00pm - 9:00pm	5 hours
Wed 11 Nov	Dress Rehearsal	6:00pm - 10:00pm	4 hours
Thur 12 Nov	Performance #1	6:00pm - 10:00pm	4 hours
Fri 13 Nov	Performance #2	6:00pm - 10:00pm	4 hours
Sat 14 Nov	Performance #3 & Debrief	5:30pm - 10:00pm	4.5 hours

WHERE?

Workshops start at **Canberra Youth Theatre, Gorman Arts Centre, Batman Street, Braddon**, with time spent exploring the surrounding city.

The final performances will take place outdoors in central Canberra. We're currently looking at a route from Glebe Park, through Civic, towards Haig Park — but the final locations will be decided as part of the creative process.

CAN I GET INVOLVED?

WHO CAN JOIN?

We're looking for around **20 teenagers aged 14–17** who are curious, creative and keen to try something different. You don't need any performance experience, and you don't need to have worked with Canberra Youth Theatre before.

WHAT WILL IT BE LIKE?

Expect a creative, social and hands-on experience where you'll meet new people, try out ideas, work together and have fun.

Our artists and staff will guide the process and support everyone throughout the project. If you have questions about accessibility, sensory needs or other support, we'd be happy to talk about how you can take part.

HOW DO I JOIN?

Visit **canberrayouththeatre.com.au** for the latest information. If you're unsure whether the project is for you, we're happy to answer your questions and explain more about what to expect.

DOES IT COST ANYTHING?

There's no fee to participate in the project. All participants need to be members of Canberra Youth Theatre, which costs **$25**.

WHO IS BEHIND IT?

Mammalian Diving Reflex is a Canadian arts company that creates unusual, interactive performances with people around the world. They've brought *Nightwalks with Teenagers* to

cities across the world, giving young people the chance to take charge and share their perspectives.

Canberra Youth Theatre is working with Mammalian Diving Reflex to bring *Nightwalks* to Canberra as part of the **2026 Craft + Design Canberra Festival**.

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